

In trying to convey what's on my heart today, all I can do is share my prayers. I've had topsy turvy months, weeks, and days lately, but when I think about the needs of those I hold most dear, I realize my life has been relatively calm. You may not know the names of those for whom I'm praying, but God does.

*My dear, precious Father,*

*I come to you with a humble heart, praying for those who are dealing with very heavy burdens. Today, some dear people are dealing with a mom, already caring full time for her bedridden husband, who suffered two strokes this week. Her own mother was also hospitalized for a stroke, and there is a young girl in the mix who is under suicide watch. My Father, I pray first for healing, and then for peace and mercy over this dear family. Please take hold of the heart of the young girl and help her realize she has hope in You.*

*I pray for a dear friend, who has been a caregiver to her husband for over a decade now. He has been fighting illness for so long, and she has been right by his side through it all, in every possible way imaginable. Lord, we have been asking you "Why?" for so long now, and yet the pain continues, and her points of exhaustion have been stretched to their very limits. I pray in Jesus' name that you would heal if it is your will. If not, I pray for mercy over this dear friend and her family, that they all may find rest.*

*Another friend who I consider my soul sister needs you as well. As she is still trying to find her way as she serves you so faithfully, she is working full time and caring for her sweet parents. Both of her parents are faced with the inevitable health challenges that come with getting older, on top of their own particular frailties that have grown worse with age. With her nursing training, my dear sister cares for her parents above and beyond what we mere mortals are capable of, and I am in awe of her strength. Please be with my precious friend as she navigates this phase of life.*

*This week, I ask for your blessings and protection as my youngest son gets married to the beautiful soul that has been by his side. This world is a crazy place Father, not as you had planned for it to be. It's so hard to be an individual who tries to stand up for solid morals and values, and I'm not sure if being married will make it easier or harder for them. I pray that they will seek you throughout their marriage, always finding rest with you and in your Word.*

*Finally, I simply ask that you watch over my other two grown children and my grandsons. I pray you will continue to draw them closer to you daily. I pray that I can be a positive example for them, but my humanness could very well be a stumbling block. Please let them see you at work in their lives and reveal to them that your way is the only way to survive this insanity that is our world right now.*

*As always, I do have my own petitions, of which you already know before I ask. But you tell us to come to you boldly, and so here I am. Lord, aside from the topsy turvy days I mentioned, I'm feeling the stress from what has already taken place, as well as what is to come. This week, I'm preparing to face people and situations that have caused me a great deal of pain, so I pray that you give me grace to be strong and to behave in a way that honors you.*

*I've also noticed I've had a shorter temper with the boys lately, so I ask that you help me remember what a blessing they are, and that I will see them through your eyes. The combination of my getting older and the present stress makes it more difficult to have patience, so I pray for peace in my mind and my heart. My greatest job right now is to point them to you.*

*I pray these things, with all my love and reverence for who you are. Amen.*

I heard this song below for the first time this week. It is so beautiful and could easily be the anthem of my present life. Please listen and enjoy.

[Brandon Lake - COUNTRY PSALM \(Lyric Video\) \(youtube.com\)](#)

Blessings,  
Lisa Jo