

(From *Living in the Goodness of God – A 30-Day Devotional* by Rick Warren)

“My cup overflows. Surely your goodness and love will follow me all the days of my life.”

Psalm 23:5-6 (NIV)

I confess, I am sharing today’s topic from my current Bible study by Rick Warren. “Living in the Goodness of God – A 30-Day Devotional”. I dog-eared the page on this one, because it really hit something close to my heart.

In the devotion, Rick writes, “With a shortage mindset, you constantly think that you don’t have enough time, money, energy, contacts, opportunities, knowledge, education, or whatever. A shortage mindset focuses on your limited resources, and the result is an overwhelmed life.

A surplus mindset focuses on God’s limitless resources, and the result is an overflowing life.”

I believe we all can relate to the shortage mindset, because it is what we are surrounded by in our everyday lives. In my life, right now, I am nearly over the threshold, moving from the shortage side to the surplus side. It is a choice that isn’t easy, but for me, necessary.

Perhaps it takes years of experience to reach the point of discovering what is truly important in life. I’m learning how not to give a flip what others think of me (hallelujah!). I am concerned about my people, my family, and eternity. I’m good with that. It is enough.

So, with that, see Question #2 below. I would love to hear your thoughts.

Blessings,

Lisa Jo

QUESTION #2

In your opinion, what perspectives or emotions reflect a shortage mindset? What perspectives or emotions reflect a surplus mindset?